

Briefly

Congratulations!

The following Team Holloman majors were selected for promotion to lieutenant colonel:

49th Fighter Wing
Tim Decker

49th Contracting Sq.
James Knight

7th Combat Training Sq.
Joseph Kopacz

8th Fighter Sq.
Joseph Simile

9th Fighter Sq.
Howard Neeley

746th Test Sq.
James Baird

Tech expo

The 49th Communications Squadron is hosting a Holloman Air Force Base Technology Expo from 10 a.m. to 2 p.m., Tuesday at the Oasis Enlisted Club.

Golf tourney

The Air Force Association is hosting a golf tournament Oct. 17. Sign in is at 10:30 a.m. and tee off is at noon. The cost is \$20 for members and \$30 for all others.

Call Capt. Amanda Redash at 572-1366 to register.

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Flight cleans polluted soil

by **Laura Pellegrino**
Sunburst staff writer

In the early 1980s, Team Holloman members realized the fuel inventory of a base gas station wasn't adding up.

Upon closer examination, they found an underground tank had leaked more than 150,000 gallons of fuel into the ground. Four feet of fuel was floating above the base's groundwater.

"Every time the groundwater rose and fell, the gasoline did too," said David Scruggs, 49th Civil Engineer Squadron Environmental Flight resto-

see SOIL, Page 4

CSAF Climate Survey begins

People have the power to change the future when they complete the 2003 Air Force Climate Survey. It launched Wednesday.

"'Speak Today, Shape Tomorrow' is a great message for all of us," said Chief Master Sgt. of the Air Force Gerald Murray. "I strongly encourage you to participate in this survey. I hope you support this effort, because with this data, we can make this great Air Force of ours better. Together, we can shape tomorrow for the Air Force, our people, and our families."

The survey, offered every two years since 1997, measures how people feel

see SURVEY, Page 6

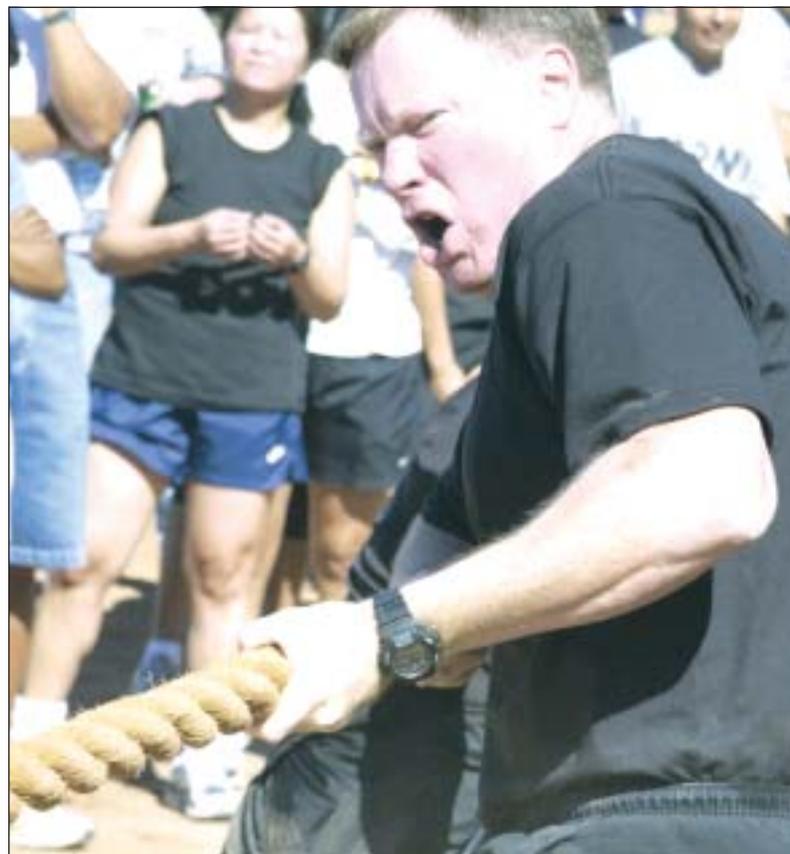


Photo by Tech. Sgt. Paul Coupaud

Never give up!

Lt. Col. Calvin Butts, commander of the 49th Logistics Readiness Squadron, gives it all he's got with the squadron's tug of war team. While the 49th LRS didn't place in the tug of war event, they did win the overall large unit honors for Sports Day here Sept. 26. See pages 10-11 for more Sports Day coverage.

New ribbon recognizes deployments

by **Master Sgt. Randy Mitchell**
Air Force Personnel Center

Secretary of the Air Force Dr. James G. Roche has approved award of the Air Force Expeditionary Service Ribbon to recognize servicemembers' sup-

port of air expeditionary force deployments.

The ribbon will be awarded to Air Force active-duty, Reserve and Guard members who completed a contin-

see CONCERNS, Page 8



High: 81
Low: 58
TODAY



High: 84
Low: 60
SATURDAY



High: 83
Low: 58
SUNDAY



High: 81
Low: 56
MONDAY

DWI Update

Days since
last DWI: **24**
DWIs year
to date: **19**
DWIs this
time last year: **27**

Last six DWIs:

- 49 SFS Sept. 6
- 49 OSS Aug. 29
- 49 SFS Aug. 28
- 49 CES July 7
- 49 MXS June 26
- 49 LRS June 12

572-RIDE works!
Calls **MADE** are lives
SAVED.

Calls:
Year to date: **446**
Last week: **21**

(The DWI and 572-RIDE statistics reflect FY 2003. The * denotes a family member or civilian employee.)

Holloman Chapel Services — 572-7214

- Weekday Masses** – 11:30 a.m., Monday, Wednesday, Thursday and Friday.
- Sunday** – Catholic Mass, 9 a.m. and 5 p.m.
- Sacrament of Penance, 4 p.m.
- General Protestant Worship Service, 11 a.m.
- Protestant Contemporary Worship Service, 6:30 p.m.

49th Fighter Wing

Commander's Access Channel

The commander's access channel, cable channel 3, offers up-to-date information about current security conditions, closures on base, hours of various programs on base and community information about what programs and events are available at Holloman and in the local area. The commander's access channel also features the following videos today through Thursday:

- **Air Force Television News:** 6, 9 and 11 a.m.; 2, 5 and 7 p.m.
- **Safety: Airmen Helping Airmen:** 7 a.m. and 12, 3 and 6 p.m.



Holloman AFB Editorial Staff

- Brig. Gen. Jim Hunt** Commander, 49th Fighter Wing
- Maj. John Bryan** Director, Public Affairs
- 1st Lt. Heather Newcomb** Deputy Director, Public Affairs
- Tech. Sgt. Paul Coupaud** Chief, Internal Information
- Tech. Sgt. Paul Coupaud** Co-editor
- Airman 1st Class Vanessa LaBoy** Co-editor
- Airman Stephen Collier** Staff Writer
- Laura Pellegrino** Staff Writer

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Editorial content is edited, prepared and provided by the Holloman Public Affairs Office. All photos used are U.S. Air Force photos unless otherwise indicated. For editorial information call (505) 572-3515.

Articles must be typed and double-spaced. Stories should be submitted directly to the Public Affairs Office via e-mail to 49fw.pa.sunburst@holloman.af.mil or mailed to **49 FW/PA, 490 First Street, Suite 2800, Holloman Air Force Base, N.M., 88330-8287**. All material is edited for accuracy, brevity, clarity, and conformity to regulations. The delivery of the SUNBURST to Holloman on-base family housing sections is provided by Alamogordo Daily News. The deadline for submitting articles to the SUNBURST is 4 p.m. Thursday the week before publication. For advertising information, call (505) 437-7120.

First sergeants bear the standard

Master Sgt. Raymond Munger
First Sergeant, 49th Logistics Readiness Squadron

Prior to Roman times the military world of the private was plunged in darkness. First sergeants did not exist and chaos and discipline ruled.

However, by 16 B.C. the Roman Army under Emperor Augustus created the logical position, the right arm of the centurion or company commander. They called the soldier who held this position the 'signifier' or 'standard bearer.'

He was responsible not only for guarding and caring for the Vexillum or guidon, but also for the administration of the company.

As time passed, the responsibility of standard bearer became part of the duties of a first sergeant. During the Civil War, the first sergeant was expected to carry the standard into battle.

The standard was used as a

point of reference. If the troops became scattered about the battlefield they would lose their effectiveness in combat. The commander would sound the bugle and all the soldiers would rally towards the standard to regroup.

During one particular battle in Pennsylvania, the company commander noticed the enemy forces were separating his battalion and they were beginning to sustain heavy casualties. The commander looked around and saw the first sergeant standing up on a nearby hilltop, watching the battle below. The commander yelled to the first sergeant, "First sergeant, bring the standard down to the men so they can rally around it!"

The first sergeant just stood there holding the standard and shaking his head no. The commander yelled again, "First sergeant, bring the standard down to the men!" Again, the first sergeant just stood there shaking his head no. So the commander shouted



out his order for a third time. The first sergeant replied back, "No, Sir. Bring the men up to the standard!"

As Secretary of the Holloman Air Force Base First Sergeants Council, I'd like to introduce Holloman's newest standard bearers who recently graduated from the Air Force First Sergeants Academy at Maxwell Air Force Base, Ala.:

- Master Sgt. Melany Sarafis, 49th Maintenance Operations Squadron

- Master Sgt. David Gonzales, 49th Communications Squadron

- Master Sgt. Steven Hoshaw, 49th Aircraft Maintenance Squadron

- Master Sgt. Jose Gonzalez, departing soon to be a first sergeant at Dyess Air Force Base, Texas.

Please congratulate these people as you see them around the base and throughout your squadrons.

DUI consequences can be severe

by Senior Airman Michael Higgins
49th Maintenance Squadron

I was returning from leave three months ago and had to connect on multiple flights.

The first flight was from Oklahoma City to Dallas-Fort Worth, where I had a three-hour layover. I went to the bar for a snack and a couple of beers. A couple of hours passed and I boarded my flight. I had another beer after we climbed to altitude, then I fell asleep. The next thing I knew, I was in El Paso.

It took about 45 minutes to get my luggage and get to my vehicle. I felt no effects of the three beers and thought there would be no risk of driving home to Alamogordo because four hours had gone by.

I hadn't taken into account a couple of factors that put me at greater risk for driving while intoxicated: I hadn't slept much in the past couple of days, I hadn't eaten well in the past eight hours, and flying in a pressurized aircraft had left me dehydrated.

By the time I arrived at Holloman, it was five hours after my first beer. I drove through the gate and to the shoppette. While walking through the shoppette, a security forces airman noticed my bloodshot eyes and the smell of alcohol. I paid for my purchase and went to my truck.

Before I could get to my friend's house, security forces stopped me for "failure to wear a seatbelt." While stopped, the patrolman directed me to perform a series of field sobriety tests, which I failed.

They took me to the security forces headquarters and I took a breathalyzer test — I failed that, too. I was charged, arrested and released to my supervisor. I felt like I was set up; there was no way I could have been that drunk. I tried to find a legal loophole to get out of it rather than own up to what I had done.

As a result of my drinking, I could no longer drive on or off base and I had become a hindrance to my friends and co-workers. I received my Article 15 in front of my flight and was stripped of my rank. Shortly thereafter, I noticed the reduction in pay.

I've heard stories of people getting killed or killing others while driving under the influence, but it never hit me until I talked with my father later about the incident. He told me one of my high school friends had gotten into an accident. He had been drinking and fallen asleep at the wheel. He swerved across three lanes of traffic and slammed head-on into a family in a minivan. The collision killed him and the driver and passenger of the other vehicle. The two children were orphans. I, too, could have destroyed a family because I thought I was okay to drive.

I've heard "don't drink and drive" since the day I came into the military, but it just went in one ear and out the other — until it happened to me. I wouldn't want what happened to my friend happen to me. I now realize the seriousness of my actions and plead to my fellow airmen to seriously consider the potential ramifications of getting behind the wheel after drinking any alcohol.

Sunburst staff seeks your opinion

by Tech. Sgt.
Paul Coupaud
49th Fighter Wing
Public Affairs

Whenever a customer service organization goes through changes, it's in the best interest of that organization to see how those changes affect their customers.

Like many organizations here, the *Sunburst* has gone through changes this past year and the 49th Fighter Wing Public Affairs staff wants to know what the readers think of the *Sunburst* and find out how they can make the paper even better.

"We're required to do a formal readership survey every year," said Maj. John Bryan, director of the 49th Fighter Wing Public Affairs office. "But we try to keep our finger on the pulse of what people think of the paper in different ways throughout the year. The editor and writers interact with people on base every week in the process of gathering news for each issue. Additionally, we are fortunate to have a great relationship with units here so information flows back and forth very easily."

The major said contract changes, design upgrades and personnel shifts caused the most visible differences for the *Sunburst*.

"We changed to a new contractor a few months ago and had to make some changes in the physical size of the newspaper. With the new contract, we also received a new civilian staff writer who has really made a positive impact in the level of news coverage we give our readers," he said. "Furthermore, we've had one editor reassigned and one editor is currently deployed. Through all those challenges, our newspaper staff is still doing a great job every week. The paper is growing in all the right directions."

The major stressed that even as pleased as he is with the paper, it's not his

opinion that counts. The *Sunburst* is an information tool for the wing commander with the goal of communicating local, major command and Air Force news and information to the newspaper's readership. The readership is defined as active duty, Guard, Reserve, retirees, Department of Defense civilians and the family members of each of those categories.

"Of course I think the paper is great – but I'm biased," the major said. "What really matters is what our readers think of the paper. That's our customer and that's our bottom line. We're here to meet their information needs."

In order to gauge the usefulness of the newspaper and see how well it's meeting the needs of the readership, the public affairs staff has set up a Web site where readers can rate the paper over several areas and give suggestions for improvements. The survey will be available for all of October and the public affairs staff will report the results of the survey in November.

The survey collects very basic demographic information and asks participants to rate the *Sunburst* on areas such as value to the reader, ease of understanding, photography and news coverage. The survey should take less than five minutes to complete.

"I hope people will take a few minutes and respond to this survey," said Bryan. "The staff here works hard every week to put the paper together, but only you can ensure we're moving in the right direction."

The survey is available on the Web at http://ice.disa.mil/index.cfm?fa=card&site_id=189&service_provider_id=87219. There will also be a link to the survey on the *Sunburst* electronic homepage at <http://www.holloman.af.mil/sunburst/index.htm>.



Sunburst

Give us a piece of your mind! Take our online survey and tell us what you think!

SOIL

from Page 1

ration and pollution prevention chief. "This contaminated all of the soil it touched."

Now, the base is working toward cleaning up that site and others like it on base, Scruggs said.

In August, the members of the environmental flight started relocating contaminated soil to a land farm, a two-acre facility in the west area of the base. There, the soil is distributed in a six-inch thick layer and tilled on a regular basis.

"The tilling process allows for oxygen to activate the naturally occurring bacteria in the soil," Scruggs said. "This, in turn, breaks the hydrocarbons in the soil into harmless byproducts such as carbon dioxide and water."

In 30 days, the team treated 12,000 cubic yards of contaminated soil, he said. This saves the Air Force an estimated \$80,000 a week over transporting the soil off base.

The treatment facility not only saves the Air Force money, it also helps clean the environment, Scruggs said. Once the soil is clean, it's spread over different areas of the base. If it were left dirty and removed



Photo by Laura Pellegrino

Daniel Tucker of R&R Environmental tills contaminated soil to break down petroleum contamination.

from the base, it would be deposited in a landfill.

"We are encouraged by the Air Force to recycle and reuse, rather than fill a landfill," said Dan Holmquist, 49th CES Environmental Flight restoration project manager.

Part of their goal includes expanding the land farm to six acres and adding an additional farm.

Even the construction of the land farm is environmentally friendly. The flight used old asphalt and concrete debris from the reuse area to construct berms in which the contaminated soil could be deposited

and tilled. This keeps the debris out of landfills as well.

When the team is done treating all of the contaminated soil, they will reintroduce native plants and return the site to its natural state, Holmquist said.

Originally, the estimated date of completion for the clean-up project was 2022. With the land farm, the flight estimates the base's 64 contaminated sites will be clean in four years, he said.

Holloman estimates treating approximately 60,000 cubic yards of petroleum contaminated soil over the next year at land farms, Holmquist said.

Members should watch finances while deployed

by Laura Pellegrino
Sunburst staff writer

Taxes are the last thing on a person's mind while deployed in a combat zone. But the 49th Fighter Wing Comptroller Squadron wants members to know that during deployments, they should track their pay carefully to avoid problems when filing tax returns.

After a deployment, members should check their leave and earning statements to ensure the correct amount of taxable income is listed, said Karen Cody-VanBrunt, military pay technician.

Members should see a reduced amount of taxable income when deployed in a combat zone tax exclusion area because they are exempt from federal and state tax.

Once home, members who use their CZTE leave should also see a decrease in their taxable income during the month the leave up-

dates, Cody-VanBrunt said.

"For example, if a member takes 10 of his CZTE leave days in September, his taxable wages for that month are reduced by 10 days of base pay. If his base pay is \$1,500 per month, then 10 days of base pay is \$500. His taxable income for September is \$1,000," she said.

Bonuses are considered taxable wages, but if a member earns an initial re-enlistment bonus while deployed to a CZTE area, then it's exempt from federal and state taxes. This holds true for annual installment bonuses as well, she said.

"If the initial bonus was paid while a member is eligible for CZTE, then all annual installments are tax exempt," Cody-VanBrunt said. "However, if the initial bonus was paid while a member is not in a CZTE area, then the annual installments received while deployed to a CZTE

area are also taxable."

Even members who aren't deployed should keep track of their LES. Any deductions for the Montgomery GI Bill or thrift savings plan will also cause a reduction in monthly taxable income.

"It's important for military members to file taxes as accurately as possible," said 2nd Lt. Steve Warren, financial services officer. "Filing incorrectly once can create problems for years to come."

Overview

The following can affect state and federal taxes:

- Deployments
- While in a combat zone tax exclusion area
- Earned combat zone tax exclusion leave
- Bonus payments
- Thrift Savings Plan
- Montgomery GI Bill



The 49th Security Forces Squadron handled the following incidents Sept. 24 to Tuesday.

Tickets

Security forces issued 16 tickets from Sept. 24 through Tuesday: one for assault by striking or wounding, one for breaking and entering, one for criminal trespassing, one for disorderly conduct, one for expired vehicle registration, one for failure to stop, one for failure to use a safety belt, one for interference with communication, one for loud music emitting from a vehicle, five for parking violations, one for simple battery, and one for speeding one to nine mph above the posted speed limit.

Property, loss, damage or theft

- Sept. 24 – A civilian employee reported an accident involving two privately owned vehicles at building 1625.
- Sept. 26 – An airman reported damage to his POV.
- Sept. 27 – An airman reported his dorm room window broken.
- Sept. 28 – An Army sergeant reported minor damage to his POV.
- Sept. 28 – An NCO reported damage to the mailbox unit at dorm 337.

Patrol response

- Sept. 23 – A civilian employee reported an egg was thrown at her POV.
- Sept. 25 – An airman reported an altercation at dorm 338.
- Sept. 26 – A civilian reported a domestic assault within base housing.
- Sept. 26 – A military member reported an assault against his family member within base housing.
- Sept. 27 – A senior NCO reported an assault occurring between a civilian and an officer at building 286.
- Sept. 27 – A civilian reported she was being held against her will at building 751 by a civilian employee.

B On the IG SCREEN

Freddy vs. Jason (R)

7 p.m., tonight and Sunday

S.W.A.T (PG-13)

7 and 10 p.m., Saturday

Open Range (R)

7 p.m., Thursday





Photo by Airman 1st Class Vanessa LaBoy

The wheels on the bus

Left to right: Tina Pollock, Terry Myers, Terri White and Amy Paulhus put the finishing touches on a school bus mural at the Holloman Primary School. These para professionals, along with Nancy Grunwald, designed and painted the mural to promote school spirit.

SURVEY

from Page 1

about leadership, supervision, training, recognition and other aspects of Air Force organizations.

Previous surveys included active-duty officers, enlisted members, and appropriated-fund civilians. This year, the survey will include the Air Force Reserve Command, Air National Guard, nonappropriated-fund civilians, and students in a temporary-duty status.

The survey runs through Nov. 23 and can be completed online at <http://afclimatesurvey.af.mil> anytime during the survey period from either a government or personal computer.

For more information, call 1st Lt. Carl Cook or 2nd Lt. Alonzo Chapman at 572-7004.



(Courtesy of the Air Force Manpower and Innovation Agency)

BEAR base deploys to N.J.

by **Laura Pellegrino**
Sunburst staff writer

Holloman Air Force Base's 49th Materiel Maintenance Group, also known as BEAR Base, is deploying, but not to another country. These troops are heading for New Jersey to deliver and train on a new configuration of equipment.

Basic Expeditionary Airfield Resources Base's mission is to go to undeveloped locations and set up tent cities to become bases for deployed service members, said Capt. Brent Gibson, 49th MMSS Logistics Readiness Flight commander. The group is comprised of a command staff and two squadrons: the 49th Materiel Maintenance Squadron and the 49th Materiel Maintenance Support Squadron. Although New Jersey is far from undeveloped, Ft. Dix Army Base and McGuire Air Force Base are the only locations where the exercise "Eagle Flag" is held.

Eagle Flag started as a small training camp known as Phoenix Readiness. Students were brought to New Jersey and given a simula-

tion of what it's like to be deployed.

"The training gathered importance and visibility," said Master Sgt. Patrick Franzen, 49th MMSS Logistics Readiness superintendent. "They brought it up to an exercise status and changed the name."

Now that the size and scale of the exercise has grown, they hold training classes on a regular basis, Franzen said. BEAR Base's role in the exercise is to provide the students with a tent city.

Next week, the 49th MMS will lead a team of 13 personnel to train the Eagle Flag instructors on how to set up the tent city, live in it, maintain it and then break it down, Gibson said.

"It's our first big test on the new sets," he said. "It gives us an opportunity to test it in a deployed location without being in a foreign land."

In the past, BEAR Base used two sets of equipment for creating a tent city. The sets included things like tents, showers, generators and latrines and supported either 550 or 1,100 people, said Tech. Sgt.

Robert Richardson, 49th MMSS Logistics Plans NCOIC.

The new configuration is broken down into two parts, the 550 initial set and the 550 follow-on set, Gibson said. Combined, these sets will provide the resources needed for 1,100 people, but they can be brought in one after the other without the overlap of equipment.

Another plus is each new set requires 12 aircraft to transport the equipment for an 1,100 person camp, where the old set needed 18.

"During war-time, air lift is highly competitive," Gibson said. "We're competing with all the other services for transportation."

It took about 30 days to prepare for this deployment, said Staff Sgt. Troy Bizzack,



Courtesy Photo

Senior Airman Norman Broadway gives a thumbs up to Airman 1st Class Shiloh Barrett while she uses a forklift to load an SDC onto a flatbed truck.

49th MMSS packing and preservation NCOIC.

"After this, things will go back to normal," he said. "But, you never know when another big project will come up."



Photo by Steve Wallace

The 325th Fighter Wing's first permanently assigned F/A-22 Raptor landed Sept. 26. at Tyndall Air Force Base, Fla. Tyndall, an Air Education and Training Command base, was selected to serve as the Air Force's primary F/A-22 training base.

First F/A-22 delivered to Tyndall

by Tech. Sgt. Dan Neely
*325th Fighter Wing
Public Affairs*

The first operational F/A-22 Raptor was delivered to the Air Force's F/A-22 schoolhouse at Tyndall Air Force Base, Fla., Sept. 26.

Tyndall, once known as "The Home of Air Superiority" became "The Home of Air Dominance," with the arrival of its first F/A-22. The Raptor will eventually replace the F-15 Eagle and sets the foundation for the next generation of combat-fighter pilots.

"This is truly a historic event for Tyndall and the U.S. Air Force," said Brig. Gen. Larry

New, 325th Fighter Wing commander. "We're very excited down here — both the people here at Tyndall and our local community partners — about standing up the Air Force's very first operational F/A-22 squadron, bringing in the next chapter of Air Force history in air dominance and serving our nation."

The F/A-22, the Air Force's premiere fighter, is a multi-role aircraft, designed to perform both air-to-air and air-to-ground combat missions. The Raptor elevates U.S. technological advantages and updates '70s technology using stealth, integrated avionics, maneuverability and supercruise (the capability to

reach and maintain supersonic speeds without using fuel-expensive afterburners). These characteristics will provide the warfighter air dominance in any battlespace, according to officials.

The F/A-22 is a critical component of the Global Strike Task Force designed to project air dominance, rapidly and at great distances, to counter and defeat threats that will attempt to deny access to our forces. The F/A-22 cannot be matched by any known or projected adversary fighter aircraft.

Tyndall is expected to receive 50 Raptors over the next several years.

CONCERNS *from Page 1*

gency deployment after Oct. 1, 1999, according to officials.

"Deployed status is defined as either deployment on contingency, exercise, deployment orders or members sourced in direct support, in theater or out, of expeditionary operations with an overnight (stay) away from home station," said Tech. Sgt. Jeffrey Simmons. He is the superintendent of the awards and decorations section at the Air Force Personnel Center here.

To qualify for the award, individuals must have deployed for 45 consecutive days or 90 nonconsecutive days.

"Any contingency deployment qualifies regardless of the duty, destination or location of the temporary duty, including those within the continental United States," Simmons said.

There is also no time limit to accumulate the 90 nonconsecutive days.

"People will continue accumulating contingency (temporary duty) days until they reach 90 days," he said. "Every consecutive 45 days, regardless of TDY length, counts toward an additional ribbon. For example, 90 consecutive days of TDY qualifies an in-

dividual for two (ribbons); 180 consecutive days qualifies him or her for four ribbons."

Permanent-party people overseas are not eligible for the ribbon, unless they are forward-deployed on a contingency deployment, according to Simmons. People deployed on an overseas short tour may receive both the expeditionary ribbon and the Overseas Short Tour Ribbon, providing they meet the requirements for both, he said.

To receive the award, people should report to their serving military personnel flight once they return from deployment to validate entitlement to the ribbon, Simmons said. People must present a copy of their deployment orders and completed travel voucher; any citations or certificates received while deployed may also help prove entitlement.

"If the special order doesn't identify the TDY as a contingency deployment, the current squadron commander may validate (the ribbon) entitlement by evaluating the request and verifying any supporting documentation," Simmons said. "If necessary, (the commander) may also contact other people with first-hand knowledge of the member's deployment.

"The commander would then provide a memorandum to the (military personnel flight) validating the TDY and how many days the individual was deployed," he said.

FSC

The Family Support Center offers the following classes and events at the FSC, building 40:

- Spouse Employment Workshop: 12:30 p.m. to 2 p.m., Sunday.
- Strategies for Stress: 8 a.m. to 9 a.m., Wednesday.
- Smooth Move: 2 p.m. to 3:30 p.m., Wednesday.
- Families Apart: 6 p.m. to 8 p.m., Wednesday.
- Spouse Information: 9:15 a.m. to 2:30 p.m., Thursday

For more information, contact the FSC at 572-7754 or visit the website at www.mil.holloman.af.mil/sptg/mss/fsc.

ALS graduation

ALS Class 03-H has their graduation banquet with cocktails beginning at 6 p.m., Oct. 28 in the ballroom of the Oasis Enlisted Club. Commanders, first sergeants, supervisors, family, and friends are invited to join the graduates. Ample seating is available. See an ALS student for a ticket. Menu: Roast Pork Loin - club members, \$14; non-club members, \$16 or Vegetable Lasagna - club members, \$11; non-club members, \$13. RSVP with a student no later than Oct. 17. There will be no refunds for cancellations after Oct. 17.

For more information, call 572-5860.

Fall clean-up

Holloman Middle School will have a Fall clean-up 8 a.m., Saturday. This is a combined effort with Holloman Intermediate School. Projects include weed removal, landscaping, painting and sweeping. Refreshments will be provided.

For more information, call Melissa Stopkey at 479-2282.

HESO

The Holloman Enlisted Spouses Organization meets at 6 p.m., the second Tuesday of the month in the community center.

Honor Guard

The Honor Guard seeks new recruits. For more information, call or stop a cadre member, go to building 273, or call 572-2077.

Red Cross

The Red Cross schedule of events is as follows:

- Adult cardio pulmonary resuscitation: 9 a.m. to noon, Tuesday in Alamogordo.
- First aid/ cardio pulmonary resuscitation: 9 a.m. to 5 p.m., Oct. 11 in Alamogordo.
- Basic first aid: 1 to 4 p.m., Oct. 16 in Alamogordo.

For more information, call the



Photo by Miriam Rodriguez

First in ACC

Brig. Gen. Robert J. Reese, Commanding General of U.S. Army White Sands Missile Range, talks with 49th Operation Support Squadron air traffic controllers about the new STARS radar system. The WSMR facility is the first in Air Combat Command and the Army to use the new system. Air Combat Command's first Standard Terminal Automation Replacement System, or STARS standard radar system officially stood-up Sep. 23 at a ceremony at the White Sands Missile Range.

Holloman Red Cross at 572-7066.

Lodging renovations

The lodging family quarters are under renovations from Monday through Oct. 20. The project is the replacement of furnishings and will affect the number of rooms available.

NFL Sunday ticket

The Oasis Enlisted Club offers NFL Sunday Ticket from 11 a.m. to 10 p.m. every Sunday for football fans. Ask the bartender how to choose the game shown on the big screen television.

For more information, call 572-3226.

Tennis tournament

The annual Otero County Closed Tennis Tournament is Saturday and Sunday at the Oregon Park Courts. Events will be available for all skill levels.

For more information call 434-1949.

Christmas parade

Volunteers are needed for traffic and crowd control during the Christmas parade 6 p.m., Dec 6. To volunteer e-mail lisa.gallegos@holloman.af.mil or john.graves@holloman.af.mil

For more information contact the

Chamber of Commerce at 437-6120.

Sunday brunch

The Officers' Club hosts a brunch from 10:30 a.m. to 1 p.m. every Sunday and is open to all ranks.

For more information call 572-3611.

Football Frenzy

The Oasis Club has Football Frenzy from 5 to 10 p.m., every Monday night.

For more information, call 572-7378.

Free tutoring

The Company Grade Officer Council offers free tutoring 4 p.m. to 6 p.m. every Tuesday in the Base library's group study rooms. The focus is on college level math, science and English in a small group setting, but the group will try to accommodate other subjects as well.

For more information, call 2nd Lt. Chris Wojtko at 572-5038.

Mesilla Valley Maze

The 5th annual Mesilla Valley Maze is open 11 a.m. to dusk, Saturdays and Sundays through Oct. 31 at 3855 West Picacho, Las Cruces.

For more information, call Anna Lyles at (505) 526-1919.

Pharmacy closed

The pharmacy will be closed today through Monday as they move back to their permanent location at the front of the clinic. Additionally, a new prescription dispensing and checking system will be implemented Monday. There may be longer wait times as the staff learns the new equipment.

For more information, call the medical logistics office at 572-2703.

Family fishing day

Family fishing day is from 9 a.m. to 1 p.m., Oct. 18 at the Holloman Aquatic Center. Cost is \$5 per person. The pool will be stocked with black bass and carp. Bring your own fishing equipment and keep what you catch. Entry fee is \$1 for the fishing contest from 9 to 10 a.m. Sign up by today. For more information, call Outdoor Recreation at 572-5369.

Sunburst correction

The number for the housing manager is 572-3982.

Enlisted club change

The pizza bar and Wright Brothers operation at the Enlisted Club will discontinue Oct. 31. A new lunch line will open Nov. 1 and will include items from the pizza line and Wright Brothers menu as specials.

Graduation

The graduation ceremony for students receiving degrees from the Community College of the Air Force, Central Texas College, Embry Riddle Aeronautical University, Park University, Troy State University, and University of Phoenix is scheduled for 2 p.m., Oct. 16 at the Oasis Enlisted Club. For more information, contact the base education center at 572-3971.

Columbus Day closures

Base exchange: 11 a.m. to 5 p.m.

Furniture store: Closed

MCSS: Closed

Mini Mall: 10 a.m. to 8 p.m.

Anthony's Pizza: Closed

Frank's Franks: Closed

Robin Hood: Closed

Popeye's Chicken: Closed

Theater: Closed

Beauty shop: Closed

Barber shop: Closed

Dry cleaners: Closed

Alterations: Closed

Optical shop: Closed

Flower shop: Closed

Rental Car: 11 a.m. to 5 p.m. (phone only)

Olive Branch: Closed

GNC: Closed

McDonalds: 5:30 a.m. to 10 p.m.

Team Holloman celebrates German style

by Tech. Sgt. Paul Coupaud
49th Fighter Wing Public Affairs

The German Air Force Flying Training Center hosted Holloman's annual Oktoberfest celebration Saturday evening.

Attendees received a commemorative stein and their first fill up, while everyone had a chance to experience the best of German culture and cuisine.

When attendees weren't in line for food, beverages or the kids' park, they often danced to the music of "Helmut Schraner und die Holldauer Musikanten." The group played everything from tra-

ditional German and Bavarian music to American big band and dance classics to keep the crowd on their feet throughout the evening.

Oktoberfest began with the wedding of the Bavarian crown prince Ludwig to princess Therese from Saxony-Hildburghausen Oct. 12, 1810. Five days later, the national guard organized a large public horse race to ensure Bavarian folk could also partake in the wedding celebration. It was decided the festival should be repeated at the same time the following year, which marked the birth of the "Oktober-Festivals."

Oktoberfest has been a tradition at Holloman since 1996.



Photos by Tech. Sgt. Paul Coupaud

Staff Sgt. Vincent Hill, Senior Airman Brandi Hamilton and Senior Airman Orlando Lopez do the "Chicken Dance" onstage during the German air force-sponsored Oktoberfest.



Bandleader Helmut Schraner danced with Oktoberfest attendees on stage.



Staff Sgt. Shawn Wellborn and daughter Katelin dance the night away.



From left, Col. Wolfgang Fahl, German Air Force Flying Training Center commander, Don Carroll, Alamogordo mayor, and Brigadier Gen. Jim Hunt, 49th Fighter Wing commander raise their steins after tapping the first keg. Tapping the first keg marks the official start of Oktoberfest and has been the traditional responsibility of the village mayors since the 1950s.



More than 6,000 people came out and stood in line for German food and beverages during the Oktoberfest celebration hosted by the German Air Force Flying Training Center.



From left, Senior Airman Miguel Villalobos, Staff Sgt. Gary Grymonprez and German air force Tech. Sgt. Robby Homann spent the evening ensuring the safety and security of Oktoberfest attendees.

How to start running

by **Charlotte Engeman**
49th Medical Group

How to start a running program; the million-dollar question these days. There are many ways to go about this, and some are more successful than others.

No doubt, the least successful way is to go from not working out at all, to a plan that starts out with three or four days of running a week. Add in some high intensity training and you have a recipe for disaster.

For those of you who do work-out on a regular basis, but your sports don't include walking or running, the same applies to you: You really don't want to jump right into a program that requires running (and no walking) three or four days of the week.

Getting started

So, how do you get started? The best, most successful way to begin a running program is to incorporate brisk walking into the early weeks of this plan. An easy way to do this is to start with running for 30 seconds, then walk until you feel recovered. Continue alternating this run/walk pattern for 20 to 30 minutes. Now, for those hard-core athletes out there who view walking as the enemy, think again. I know how the old adage goes: you run, that's good; you walk, that's not good. This is crazy thinking! In the early weeks of a training program you want and need to include walking. Once you are comfortable with your 30-second run/walk work out for the entire 30 minutes, increase to one minute of running and then walk until you recover, again repeating this pattern for the 30-minute period. You should continue increasing the run portion until you are comfortable running the entire 30 minutes.

Going the distance

For the next phase, the general rule-of-thumb is that you don't increase distance by more than 10 percent each week. For example, if you are putting in six miles per week, the following week you could increase your distance to 6.6 miles. This may sound silly, but

for any of you out there who have been plagued with nagging injuries (shin splints, vague ankle or knee pain, low back pain), I can guarantee if you follow this rule your pesky overuse injuries will magically disappear. The goals of a running program are to feel healthier, increase speed, decrease tension, possibly lose some weight and be able to pass that physical training test in 2004. These goals are attainable if you incorporate walking into the program in the early stages. Last but not least, don't forget to stretch. Don't let a day go by without taking time to work on flexibility, even on those days you don't workout. Next week, I'll address the intensity at which you train. Have fun!

(Charlotte Engeman is a volunteer at the Health and Wellness Center. She is also a physician's assistant in the family practice clinic, has a masters of Public Health degree in wellness and disease prevention and is an avid Ironman triathlete.)

Running Tips

Here are some things to consider when starting a running program:

- Be sure to avoid consecutive days of your running or run/walk training. If you are working out more than three days a week, consider cross training on alternate days. Swimming and cycling are good forms of cross training that get away from the pounding of running.

- Consider the surface that you run on. There is definitely less impact on your joints on a treadmill vs. the concrete sidewalk. If you can't deal with a treadmill or indoor track, try to find the least rigid surface you can comfortably train on. There are numerous great soft trails in Cloudcroft, but be careful with this as well. The impact may be lessened, but you run a much higher risk of twisting an ankle.

Basketball season in motion

by Airman
Stephen Collier
49th Fighter Wing
Public Affairs

The men's varsity basketball season here is starting up once more, and there's a lot on the line for Team Holloman.

With just three returning players, aspirations to surpass their fourth-place standing from last year and a drive to take the top spot in the league, the Holloman Varsity Men's Basketball team is preparing for the competition. The season begins Saturday.

Holloman is a part of the Southwest Military Basketball League that includes 14 teams from bases such as Fort Bliss, Texas, Davis-Monthan Air Force Base, Ariz., Luke Air Force Base, Ariz. and Kirtland Air Force Base, N.M. Each team plays 16 regular-season games.

The season begins Saturday when the team travels to Tucson, Ariz. to play Davis-Monthan. They will then play other teams regularly until Dec. 15, when all games are suspended for the holidays until mid January. The championship playoffs are from March 18 through 22. A location has yet to be determined.

Jeffrey Perry and Clarence Mitchell are head coaches of the men's team. Mitchell said he believes the team's leadership on the court is very crucial to their success.

"Most of our veterans left from last year. Since we only have three left, they will be helping the new guys," said Mitchell. "The guys who are coming out are already close because they play ball together on the weekends. So, it shouldn't be too hard (to train them)."

Returning from last season are Richard Coleman and Ron Denson from the 49th Maintenance Squadron along with Laurance Morrow, a member of the 49th Aircraft Maintenance Squadron. They are charged



Photo by Airman Stephen Collier

Kevin Louthier and Bryan Greenwood jump to slam the ball during practice at the Fitness and Sports Center.

with leading 10 to 12 other players to this year's championship title. Coleman, considered by Perry to be the team leader, said he has great aspirations for the team.

"We have a better team this year. These guys have tons of heart and pride. That's what makes it better from last year," said Coleman.

"Mitchell and I are going to choose guys who can play ball with the team concept," said Perry. "We want people who will come together. I think we'll do well."

Perry added that anyone with an identification card and past basketball experience can try out for the team at anytime.

"Initial tryouts are ending, but, if we like what we see from any new guys, they can join on a limited basis," said Perry.

For more information on the basketball season, contact Jeffrey Perry at 572-3750.

COMM burns firefighters in overtime



Photo by Airman Stephen Collier

COMM receiver Brian Fitzgerald catches the ball for COMM's first touchdown against CES defender Clinton Ross during COMM's overtime win.

**by Airman
Stephen Collier**
*49th Fighter Wing
Public Affairs*

The 49th Civil Engineer Squadron B team went up against the 49th Communications Squadron Tuesday night in a hard-fought flag football battle that boiled over into overtime. Both teams ended the game tied at 14-14 with a CS triumph by Chris Asuncion in overtime.

The action heated up early as Asuncion intercepted the ball, giving COMM a run of eight yards. The CES B team's defense stood firm with a sack by Luke Ellis, pushing the 49 CS back to their own 17-yard line where the ball was turned over.

"We had a few good defensive plays like interceptions by John Cooper," said CE assistant coach Apelu Saumalu. "But the sack by Ellis was a turning point in our defense."

CS quarterback Brad Nimmo lobbed a toss to wide receiver Brian Fitzgerald, who darted into the end zone, putting COMM on the board first. Asuncion then connected with Nimmo for a successful two-point conversion, putting COMM ahead 8-0.

After shaking off a failed defense, CE caught the kick-off return and pushed on-ward with a 35-yard run. A long bomb to Clinton Ross gave CE another 20 yards to set them up for success. After a quick drawback from

the line, CE quarterback Rene Garza let loose a spiral into the hands of Ross who caught a second pass that gave his team six points. Garza snapped the ball and ran it in for two points, tying the score at 8-8.

"We could have done a few things differently," said CS coach Boyles. "We had some gaps in our coverage on defense, but we got through them."

After shaking off an embarrassing score by the fire dawgs, the COMM offense tightened up and pressed on. After pounding the ball back to the CE 32-yard line, a huge touchdown pass to Boyles put COMM ahead 14-8.

After a 20-yard toss to Ellis, CES B team tied the

score 14-14 going into overtime.

CE started off the four-down shootout, but the COMM defense pushed the firefighters into negative yardage. COMM then took possession on CE's 48 yard line and never looked back with a final run by Asuncion, ending the game.

"Our intensity was great from start to finish," said Saumalu. "We just need to stay focused and not commit so many costly penalties."

"We didn't play our best game of the year," said Boyles. "But we played hard and came up with the win. Our defense will work on maintaining their zones and possibly changing up their coverage. But, a win is a win."

Touchdown Challenge

The Touchdown Challenge is a weekly competition between the 49th Fighter Wing, its groups and Holloman tenant units. A different person from each unit makes the picks each week. The winner each week gets a free meal from the Oasis Enlisted Club. Congratulations to last week's winner, Airman 1st Class Marcus Wilson, with 11 correct picks.



This week's games:

NFL

- Colts at Bucs
- Raiders at Bears
- Cardinals at Cowboys
- Broncos at Chiefs
- Dolphins at Giants
- Redskins at Eagles

NCAA

- Wash. at UCLA
- Tenn. at Auburn
- Okla. at Iowa St.
- USC at Arizona St.
- Alabama at Georgia
- Air Force at Navy

FW



**Master Sgt.
Carolyn Peeler**

NFL: Bucs, Raiders, Cowboys, Chiefs, Giants and Eagles
NCAA: UCLA, Tenn., Okla., USC, Georgia and Air Force

OG



**2nd Lt.
Chris Mahaffey**

NFL: Colts, Raiders, Cowboys, Chiefs, Giants and Redskins
NCAA: Wash., Tenn., Okla., USC, Georgia and Air Force

MDG



**Staff Sgt.
Joseph Noya**

NFL: Bucs, Raiders, Cardinals, Chiefs, Giants and Eagles
NCAA: Wash., Tenn., Okla., Ariz. St., Alabama and Air Force

MXG



**Senior Airman
Larry Morrow**

NFL: Bucs, Raiders, Cowboys, Broncos, Dolphins and Redskins
NCAA: UCLA, Tenn., Okla., USC, Georgia and Air Force

MMG



**1st Lt.
Christopher Eyle**

NFL: Colts, Raiders, Cowboys, Broncos, Dolphins and Redskins
NCAA: Wash., Tenn., Okla., USC, Georgia and Air Force

MSG



**Chief Master Sgt.
Matthew Pollock**

NFL: Bucs, Raiders, Cowboys, Chiefs, Dolphins and Eagles
NCAA: Wash., Tenn., Okla., USC, Alabama and Air Force

4th SPCS



**Staff Sgt.
Aaron Rath**

NFL: Bucs, Raiders, Cardinals, Broncos, Dolphins and Eagles
NCAA: Wash., Tenn., Okla., Ariz. St., Georgia and Air Force